



OSU Winter Blues Race Series

Participant Race Instructions

What is the race series?

The OSU Winter Blues Race Series is a socially-distanced mountain bike stage race held over 4 weeks. Students at OSU can participate on their own time and compete in as many or as few as one chooses this January and February.

How does it work?

- You can choose to race in as many or as few races.
- The race will take place in stages. Each week there will be a new course with short and long course options.
- You will be competing against other riders but not at the same time.
- Each race, you are welcome to do as many attempts as you would like during the race window. Each race window will start at 12:01 am PST on Sundays and end at 11:59 pm PST on the following Saturday. Your fastest attempt will be recorded.
- Preview the race course before racing and/or download the race course to a device.
- There will be suggested start/finish places but you can start at any point on the course. Wherever you start is where you will finish.
- You must follow the published course.
- Your fastest race attempt will be recorded.
- You must submit your race attempt within 24 hours.
- Race awards will be presented to the top 3 finishers in each Gender and Course (long or short.) Additional awards may be presented to other categories (biking and non-biking related.)

Courses

You can view all the courses here for each week. There will be a short and long version available.

Rules

- Riders must complete the courses during the race timeframes:
 - Week 1: 12:01AM January 18th - 11:59PM January 24th
 - Week 2: 12:01AM January 25th - 11:59PM January 31st
 - Week 3: 12:01AM February 1st - 11:59PM February 7th
 - Week 4: 12:01AM February 8th - 11:59PM February 14th
- Your rides must be recorded and synced to Strava or exported with a GPX file.
- You must follow the designated race course.
- Riders must keep at least 6 ft. of distance from other riders and attempt to keep distance as much as possible while passing and yielding to other riders. Riders must carry a mask to wear when passing other people on the trails.
- All riders MUST follow all trail rules and etiquette. Recall: UPHILL TRAVEL HAS THE RIGHT OF WAY.
 - Do not ride on the trails if they are too rainy or muddy. This can cause damage to trails.
 - Leave no Trace!!!
 - No eBikes! (Accommodations and exceptions can be made for OSU students by contacting corbetki@oregonstate.edu).
 - Be a S.H.A.R.K (Safe, Honest, Accountable, Responsible, Kind).

Participating and Submitting Rides

1. [Complete a waiver.](#)
2. [Register for the race series here and upload your waiver. The race series is free for the OSU-Cascades campus.](#)
3. Download Strava to your smartphone or utilize a smart watch to record your rides.
4. Preview the courses here and download it to your smartphone or smart device.
5. [Upload each race attempt to the OSU spreadsheet to the proper week. You will need to provide your name, a screenshot of your attempt, and a link to your Strava.](#)
6. Race admins will review the results and provide leaderboard updates each week.

Prizes

Prizes will be awarded to the top 3 finishers of each Gender and Course.

- 1st, 2nd, 3rd place for Male, Long Course
- 1st, 2nd, 3rd place for Male, Short Course
- 1st, 2nd, 3rd place for Female, Long Course
- 1st, 2nd, 3rd place for Female, Short Course

Help

Please contact the Cycling Club President for any additional questions at fowleala@oregonstate.edu .

Race instructions and suggestions adapted from [10 Barrel Brewing Solo Race Series](#).



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Race Courses

Week 1: Horse Butte

Short Course: [1 lap Coyote Arnold Ice Cave Loop \(~9.8 miles\)](#)

Long Course: [2 laps Coyote Arnold Ice Cave Loop \(~19.6 miles\)](#)

Week 2: Horse Ridge

Short Course: [Parkway to Escape From Moscow \(~8.4 miles\)](#)

Long Course: [Parkway to Sand Canyon to Escape From Moscow\(12.0\)](#)

Week 3: Maston and Cline Butte

Short Course: [Maston Loop \(~12 miles\)](#)

Short Course (DH): [Cline Butte DH \(~6.7 miles\)](#)

Long Course: [Maston and Cline Loop \(~16.8 miles\)](#)

Week 4: Redmond Pump Track

Short Course: 1 lap

Long Course: 2 laps